Common factors that contribute to depression

1. Abuse (physical, sexual, or emotional abuse)
2. Age
3. Certain medications
   1. Beta blockers: Toprol XL (metaprolol) and Inderal (propranolol);
   2. Corticosteroids
   3. Benzodiazephines
   4. Parkinson’s Drugs
   5. Drugs that affect hormones
   6. Stimulants
   7. Anticonvulsants
   8. Proton pump inhibitors (PPIs) and H2 Blockers
   9. Statins and other cholesterol-lowering drugs
   10. Anticholinergic drugs
   11. Acne medications
   12. Pain relievers
   13. Allergy medications
   14. Thyroid medications
   15. Antibiotics
4. Conflict
5. Death or a loss
6. Gender
7. Genes
8. Major events